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Making 500horsepower on a single turbo 5.0 is the easy part; insuring reliability is a little tougher.



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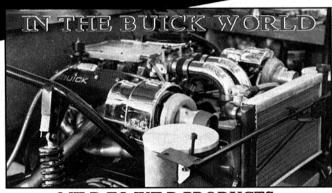
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Replacing a screwdriver and wrench, the lap-top is fast becoming today's performance tool.

# LIGHT YEARS AHEAD







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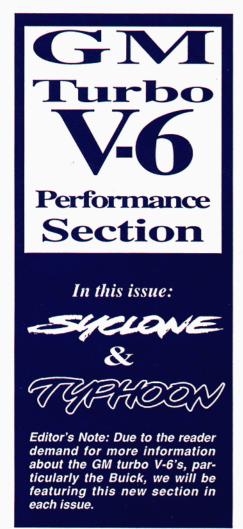
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With the introduction of the Syclone a year ago and the Typhoon this year, GMC has sent a message to buyers that they are in the performance business. Now that enough time has passed for some of the aftermarket shops to get some runs under their belts, we have compiled some information on how GM did with the Syclone and Typhoon and how they can be made even better.

As a publication that for years has "touted" engines like this, we love to see the comparison features other publications have done with the Syclone, practically attributing its power to some hidden magic. The magic of course is that little snail looking thing hooked to the exhaust that we named our magazine after. As we have proclaimed for years, with Buick's solid approval, give us a decent three to four liter V-6, add some turbo boost and correct fuel management and we will show you performance with reasonable fuel mileage.

The list of performance products available for the Syclone/Typhoon is rapidly growing, so we are going to give you a brief overview of what to expect in the coming year. Since there is a lot of ground to cover



Above: After driving to the plant to pick up one of the first Syclones off the assembly line, Lawerence Conley of CPP went to work on a package of small items that would increase its performance without hurting the reliability. With a best time to date for "Black Magic" of 12.1 at 110 in 95 degree weather, the 11's are a cinch this winter. Right: With its finned top cover, the CPP intercooler looks more like OEM than the original. Larger capacity puts this item on the top of our shopping list.

and several companies that make aftermarket products for this engine, we will try to be as brief as possible on each subject.

#### STOCK PERFORMANCE

Out of the box, the Syclone is no slouch--but then if it was, who would really care about trying to make it go faster? You can expect mid 13's at 100 mph driving off the lot, depending on altitude and temperature. That's enough to beat most everything coming off the showroom floor today. Rated at 280-horsepower, there is plenty more on tap, but use caution.

We are starting to see low 12-second times with bolt-ons, and low 11-second times with minor engine work. With a little more time, 11-second street machines and 10-second race cars--excuse metrucks, will be a reality.

As we noted in our last issue when reviewing the new Typhoon (which, in our opinion, is more practical than the Syclone although 200 pounds heavier), these vehicles can really handle. All-wheel drive is, of course, one of the keys to the handling. Combined with the power, it is also the key to the low four second zero to 60



times we are starting to see.

No, the Syclone won't compete with a tricked-up 300ZX Turbo on the top-end, but how many freeways have 200 mph speed limits? If you put them together for the quarter mile or even a little longer and it would be a fun race.

We have been keeping close contact with the shops that specialize in Buick and now Syclone performance to try to separate the facts from the fantasies. We have found that the rules are almost the same, but there are a few exceptions--so pay heed.

The following recommendations are made in order of importance, based on a compilation of the reports from these companies' drag strip testing, along with a full day on the dyno with a Syclone engine at Duttweiler Performance and a foot thick stack of print-outs from the on-board data system used by Kenne-Bell to monitor virtually every part of the Syclone under different duty cycles.

#### FUEL PRESSURE: A KEY PLAYER

One of the first things to address before getting carried away with chips, turbos, more boost pressure or virtually anything--except perhaps an exhaust system--is the fuel pressure regulator. There are several quality adjustable units available. In our testing we utilized the Kenne-Bell billet racing unit. Stock fuel pressure is 40 psi at idle and 60 psi at WOT. With an adjustable regulator you can set the pressure at 50 psi idle and 70 psi at WOT.

While this will only give you modest gains like better cold start and elimination of part throttle lean surge on a stock engine, as you climb the performance ladder it could mean survival.

#### WATCH FOR DETONATION

The Syclone is not as forgiving as a Buick with regards to detonation, which is one of the reasons we made the first recommendation. There are several knock detectors available, put one on your list.

#### IMPROVED INTERCOOLER

The stock air/water intercooler is marginal under racing conditions, and several companies now offer upgrades. On the engine dyno, the stock intercooler with a garden hose running 65 degree water through it at full speed was doing halfway decent. So just adding cooling capacity could be one of the answers.

Don't forget a bottle of Red Line "Water Wetter;" it's good for about 10-degrees.

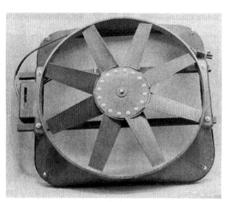
#### TURBOCHARGER

The stock turbo runs out of breath at about 3,800 rpm. There are several upgrade packages, mostly based on the Mitsubishi line (the company that supplies the OEM turbo). We saw some big (over 60) horsepower numbers attached to the upgrade Turbo City was using, but when the engine went back in the vehicle, it lost some bottom-end.

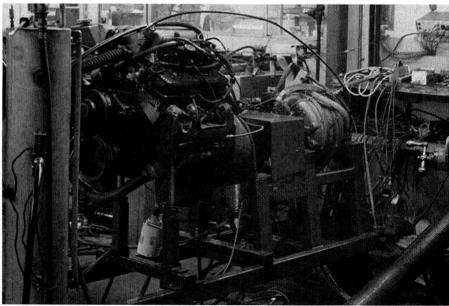
You have two choices here: go to a higher stall converter, or check out one of the hybrid turbos now under development that will incorporate a slightly larger (than stock) compressor with a stock but slightly opened up turbine housing. We had a chance to re-test the Turbo City truck with a prototype of this combination and after several low-four second passes in the zero-to 60 sprint, we feel that with the ultimate "combination turbo," a torque converter and a shift kit, mid threes could be attainable.

#### FUEL PUMP

About the time you bolt on that bigger turbo, you are going to need even more



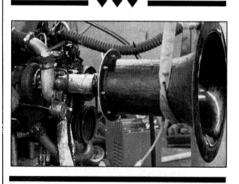
Right: Applied Technologies and Research, another "hard-core" Buick company, has just released their new eight page catalog which includes this electric fan kit. It offers both improved cooling and less parasitic drag on the engine. Put a check mark by this kit. Below: After pulling 485 horsepower from Turbo City's Syclone engine, Ken Duttweiler informed us that by changing the ECU and going up one more turbo size, 500 horsepower would be just another step on the way up.



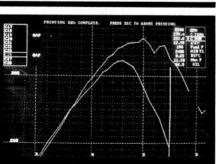


After hundreds of hours of testing and development of enough products to fill a 20 page catalog and even logging an 11.21 at 118, Jim Bell of Kenne-Bell designed this hood. While we first thought he was suffering from "boost burn-out," the large air/air intercooler hidden underneath works.





While the Turbo City turbo upgrade showed over a 60 horsepower gain on the dyno, it was a little sluggish on the low-end with a stock converter. We understand they will have some intermediate steps available by the time this article hits the stands, and there are already torque converters available. We would also recommend the addition of a compressor bypass valve when going to a larger turbo/high boost.

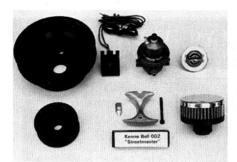


fuel. Think about an additional fuel pump and some larger injectors. A word of caution here is that the factory ECU was designed to drive 14 ohm injectors; most of the larger ones currently offered are in the two ohm range. These could fry a stock ECU. We understand that some larger capacity 14 ohm injectors in the 35-40 lb range will be hitting the market by mid-fall. Keep your eyes peeled, or think about changing to an aftermarket ECU that can support the additional amperage draw of the two ohm injectors. While it is possible to use the lower impedance injectors for a short time, we have seen enough problems to note it is not advisable unless modifications to the ECU are made to compensate for the higher amperage draw.

#### CHIPS

We have put chips down the list a few items because most of the ones that give added performance do so by raising the boost pressure. If you don't prepare the fuel system before going to higher boost pressures you are looking for trouble.

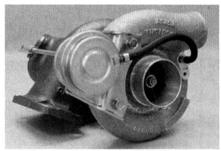
As we have mentioned before in our "Turbo Updates' column, and will cover in the piston section, the factory pistons will





Top: The Kenne Bell Streetmaster package includes the billet fuel pressure regulator, Streetmaster chip, 160 degree stat, screw-in breather, underdrive pulley set and throttle body airfoil. Bottom: To move the battery out of the engine compartment to the underside of the truck by the right rear wheel, this kit from Applied includes all of the hardware, cables and a splash guard.





Top: The Kenne-Bell gauge/switch cluster fits neatly into the factory cup holder area, leaving room for four gauges: oil pressure, fuel pressure, water temperature and boost pressure. Bottom: Applied offers two turbo upgrades, the SY142 compressor upgrade, and the 532 complete turbo upgrade. This turbo is good for 60 plus horsepower, but will require more fuel and torque converter modifications.





Top: If you are planning on getting serious, plan on a set of these TRW forged pistons and a set of ceramic rings. Plan on a little rattle with a cold engine. Bottom: Ken Duttweiler (left) explains that the larger injectors were not responding correctly while Ron Zimmer checks the data tables of the program. Developing a good program like the one designed for Turbo City can take hours of dyno and track time.

work well up to a limit. Depending on a few variables that limit is around 17psi.

If you purchase a chip that will cause the turbo to go over 17 psi and do not add more fuel or use racing gasoline, detonation will wreck your toy.

The programming in the Syclone computer was best described by Ken Duttweiler when he asked if we knew what a Camel was. After the normal guessing, he informed us that a Camel was a horse designed by committee. The Syclone programming, it seems, was also designed by committee--with every different safeguard that each person on the committee could think of thrown in for good measure.

#### Your Right Foot

We mentioned that there are several knock meters, and even knock retard systems available that will work with the Syclone, but remember the most important knock retard device is connected to your right ankle. If you hear knocking under full throttle load, lift your foot or reach for your wallet.

#### CAM & VALVE SPRINGS

Here again, there is plenty of room for improvement. On the dyno, even the entry level unit from Crane produced good results with no loss of idle quality. The valve springs are about 50 pounds light, which gives less internal friction and improved economy on the street. They can also act as an unwanted built-in rev-limiter when you are going for it. Stock Z-28 springs work well.

#### PISTONS

While the factory hyperutectic pistons are actually a fairly rugged unit and will endure quite a bit of punishment, they become suspect at over 17 psi, or in the face of detonation. Fortunately, since the Vortech V-6 is really a 5.7-liter (350) Chevy V-8 with two missing cylinders, the TRW forged turbo pistons (2441-F) are readily available. We understand Kenne Bell stocks them in volume, drilled and ready for installation into the V-6. Since the dish on the TRW's is 21cc vs the stock 18.2 cc, they will lower compression slightly, permitting more boost.

In addition to the major items discussed, there are a myriad of other components currently available from the shops included in the source listing.

The Turbo City truck was used by Suspension Techniques develop some products for the Syclone and just a slight

#### Continued from page 51

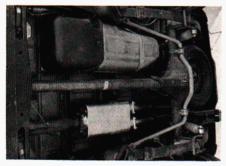
two inch lowering coupled to heavier front and rear sway bars made this one fine handling machine. Both companies are continuing work on other components and we should see some shocks available by the time this feature hits the stands.

The stock shocks are not really that bad, but with the lowering, a slightly shorter shock is needed to prevent bottoming on a hard bounce.

At the time of this writing, the new Typhoon is just going on sale. With its increased passenger room, we expect to see not only increased sales for GMC, but the line-up of aftermarket components continue to increase.

While many of the products we have discussed here are still only legal for racing use, we understand that many of the manufacturers are going to have emissions legal versions of these products for legal street use in all 50 states shortly.

Our next question is now that GM has an all-wheel drive platform that handles and performs, what else are they going to think about putting it under. How about an AWD Turbo 4.3 Camaro, with Independent Rear Suspension? •





**Top:** Turbo City's exhaust package bolts on from the converters back, making one of the few items listed so far to be emissions legal for street use. Lower back pressure improves turbo spool-up time and performance across the range.

**Bottom:** Lowering the truck almost two inches and adding heavier sway bars, Turbo City and Suspension Techniques came up with a slalom worthy pick-up with good ride quality.

# SYCLONE

#### **Source List**

ANS Performance 2110 W. Division Street Melrose Park, IL 60160 (708) 450-1095

Applied Technologies & Research 500-9 Giuseppe Court Roseville, CA 95678 (916) 783-9700

Art Carr Performance Products 10575 Bechler River Drive Fountain Valley, CA 92708 (714) 962-6655

Conley's Performance Plus P.O. Box 2251 Humble, TX 77396 (713) 540-3278

Duttweiler Performance 1565 Los Angeles Street Saticoy, CA 93004 (805) 659-3648

Kenne-Bell Performance 10743 Bell Court Rancho Cucamonga, CA 91730 (714) 941-6646

Red Line Synthetic Oil Corp. 3450 Pacheco Blvd. Martinez, CA 94553 (800) 624-7958

Suspension Techniques 13546 Vintage Place Chino, CA 91710 (714) 465-1020

Turbonetics 650 Flinn Avenue, #6 Moorpark, CA 93021 (805) 529-8995

Turbo City 1137 W. Katella Avenue Orange, CA 92667 (714) 639-4933







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